

WEBINAR LECTURERS



Katerina PALLA

Head of Global Marine Training Centre
RINA

Katerina Palla is the Head of Marine Training Centre at RINA. She holds a degree in Naval Architecture and Marine Engineering from the National Technical University of Athens, Greece, and a Master's degree in Forensic Science from the University of Amsterdam, Netherlands. Her career began with a focus on marine incident analysis and root cause investigations. With over ten years of experience, she has led hundreds of incident investigations, working both with shipping companies and as a P&I Club Correspondent.

Katerina specializes in maritime training, focusing on regulatory compliance, safety management, incident investigation, emergency preparedness, and professional development. She has extensive experience delivering training to shore-based personnel and seafarers, helping them enhance their technical knowledge, soft skills, and overall performance.



Dr Marina PAPAIOANNOU

Regional Maritime Academies Manager
DNV

Marina is currently the Regional Maritime Academies Manager for DNV's Region Southeast Europe, Middle East and Africa. She holds a Degree in Geology and a PhD in Geophysics and has participated in various scientific projects, prior to her involvement in shipping in 2000.

Marina has an active presence with articles in various shipping magazines/portals and participations in national and international conferences as a speaker/panelist, with numerous publications. She is also a Mentor for the students of the MSc in Shipping Management, University of Piraeus.

Marina was awarded the GIWA (Greek International Women Award) for shipping in April 2021.

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Laura BENZONANA, PhD

CEO
Health4Crew

Dr. Laura Benzonana holds a PhD in Medicine from Imperial College London and has a strong background in both academia and business development.

After transitioning from academia, Dr. Benzonana joined Health4Crew, a company dedicated to providing quality healthcare to seafarers playing a key role in shaping the company's mission to improve the health and well-being of seafarers through integrated healthcare services.

Having been exposed to the shipping industry from a young age, due to her family's involvement in the sector, Dr. Benzonana brings a unique perspective to the maritime healthcare space. She is passionate about ensuring seafarers receive the necessary care and support to thrive both physically and mentally, contributing to safer and healthier maritime operations.



Alexandra S. Kaloulis

Founder & Managing Director
IMEQ Center

Alexandra Sofia Kaloulis is a distinguished professional in the maritime industry, renowned for her innovative approach to mental health and safety. Her studies in Psychology and Business at the Hellenic American University, Greece provided a solid foundation for her interdisciplinary approach to mental health in the maritime sector, while through the Institute of Chartered Shipbrokers she furthered her education in maritime commerce.

At the age of 24, she founded IMEQ CENTER, a wellness center dedicated to transforming mental health into quantifiable key performance indicators and promoting safer environments onboard vessels.

Under Alexandra's leadership, IMEQ CENTER has become a leading provider of remote online pre-employment testing, focusing on the psychological well-being of seafarers.